Name: Nate Hathaway Total Points: 100

What did I do to prepare for this week’s assignment?

I read the assigned reading for the week and went to class and participated in the discussions.

Why is this week’s topic important?

Because being able to perform under pressure is a really important skill to have because there isn’t a job in today’s world that doesn’t put you under pressure, whether it is a deadline to finish some code or a rush at a restaurant.

Summarize this week’s scenario?

We learned about pressure, and how to react to it, as well as how not to. We also started on the User manual chapter 2.

What concept from this week are you uncertain of or would like to know more about?

I would like to know more about real life examples and what people are doing under pressure from work in the field of computer science, to know what pressure might look like for me later.

Why is this week's topic important for teamwork?

This week’s topic is super important for teamwork because if you are under pressure that might mess up communication with your team, or might cause other pressure for your team that is unnecessary.

If this was a religion class, how would you relate this week’s topic to the gospel?

This week’s topic is relates to the gospel and the church because we are under a lot of pressure and responsibility knowing that we are in the last days. It is easy to get overwhelmed with everything we have to do and make it harder for ourselves.

What would you do differently next week?

I would want to try to connect the principles from week to week instead of having a disconnect between topics, and maybe do the reading more thoroughly instead of just skimming through to say I did it, and paying better attention in class.

What is the most significant take-a-way you have gained from your study this week?

I learned that sometimes I don’t take pressure very well from others, but I also put a lot of pressure on myself that doesn’t need to be there, and that I can fix that part.

How does your experience relate to other experiences you have had?

It reminds me of feeling a lot of pressure on my mission to do well and then learning about what doing well really meant and that results aren’t always a measure of value.

The points of the questions should equal 100.